GYM SCHEDULE

NOVEMBER 2ND - 8TH

BELONG
PLAY
GROW
THRIVE

MONDAY

- Open Gym 4:30am - 7:30am
- Pickleball 7:30am - 9:30am
- Y Kids Gym Time 9:30am - 10:30am
- Pickleball 10:30am - 1:30pm
- Open Gym 1:30pm - 3:15pm
- Y Kids Gym Time 3:15pm - 4:15pm
- Basketball Games 4:15pm - 6:15pm
- Open Gym 6:15pm - 8:45pm

TUESDAY

- Open Gym 4:30am - 7:30am
- Pickleball 7:30am - 9:30am
- Y Kids Gym Time 9:30am - 10:30am
- Pickleball 10:30am - 1:30pm
- Open Gym 1:30pm - 4:30pm
- Y Kids Gym Time 4:30pm - 6:00pm
- Open Gym 6:00pm - 8:45pm

WEDNESDAY

- Open Gym 4:30am - 7:30am
- Pickleball 7:30am - 9:30am
- Open Basketball 9:30am - 10:30am
- Pickleball 10:30am - 1:30pm
- Open Gym 1:30pm - 4:30pm
- Basketball Practices 4:30pm - 8:00pm
- Open Gym 8:00pm - 9:00pm

THURSDAY

- Open Gym 4:30am - 7:30am
- Pickleball 7:30am - 9:30am
- Open Basketball 9:30am - 10:30am
- Pickleball 10:30am - 1:30pm
- Open Gym 1:30pm - 4:30pm
- Basketball Practice 4:30pm - 8:00pm
- Open Gym 8:00pm - 9:00pm

FRIDAY

- Open Gym 4:30am - 7:30am
- Pickleball 7:30am - 9:30am
- Y Kids Gym Time 9:30am - 10:30am
- Pickleball 10:30am - 1:30pm
- Open Gym 1:30pm - 3:30pm
- Y Kids Gym Time 3:30pm - 5:00pm
- Basketball Games 5:00pm - 8:00pm

SATURDAY

- Open Basketball 7:00am - 9:00am
- Basketball Games 9:00am - 12:00pm
- Open Gym 12:00pm - 4:45pm

SUNDAY

- Pickleball 8:00am - 10:00am
- Open Gym 10:00am - 2:45pm

FOR A STRONGER HEALTHIER COMMUNITY

THIS SCHEDULE IS SUBJECT TO CHANGE

YOUTH DEVELOPMENT | HEALTHY LIVING | SOCIAL RESPONSIBILITY

KANKAKEE AREA YMCA

the YMCA

GYM SCHEDULE

NOVEMBER 9TH - 15TH

MONDAY

- Open Gym 4:30am - 7:30am
- Pickleball 7:30am - 9:30am
- Open Basketball 9:30am - 10:30am
- Pickleball 10:30am - 1:30pm
- Open Gym 1:30pm - 4:15pm
- Basketball Games 4:15pm - 6:15pm
- Open Gym 6:15pm - 8:45pm

TUESDAY

- Open Gym 4:30am - 7:30am
- Pickleball 7:30am - 9:30am
- Y Kids Gym Time 9:30am - 10:30am
- Pickleball 10:30am - 1:30pm
- Open Gym 1:30pm - 4:30pm
- Y Kids Gym Time 4:30pm - 6:00pm
- Open Gym 6:00pm - 8:45pm

WEDNESDAY

- Open Gym 4:30am - 7:30am
- Pickleball 7:30am - 9:30am
- Y Kids Gym Time 9:30am - 10:30am
- Pickleball 10:30am - 1:30pm
- Open Gym 1:30pm - 2:30pm
- Y Kids Gym Time 2:30pm - 3:30pm
- Open Gym 3:30pm - 4:30pm
- Basketball Practices 4:30pm - 8:00pm
- Open Gym 8:00pm - 9:00pm

THURSDAY

- Open Gym 4:30am - 7:30am
- Pickleball 7:30am - 9:30am
- Open Basketball 9:30am - 10:30am
- Pickleball 10:30am - 1:30pm
- Open Gym 1:30pm - 4:30pm
- Basketball Practice 4:30pm - 8:00pm
- Open Gym 8:00pm - 9:00pm

FRIDAY

- Open Gym 4:30am - 7:30am
- Pickleball 7:30am - 9:30am
- Open Basketball 9:30am - 10:30am
- Pickleball 10:30am - 1:30pm
- Open Gym 1:30pm - 5:00pm
- Basketball Games 5:00pm - 8:00pm

SATURDAY

- Open Basketball 7:00am - 9:00am
- Basketball Games 9:00am - 12:00pm
- Open Gym 12:00pm - 4:45pm

SUNDAY

- Pickleball 8:00am - 10:00am
- Open Gym 10:00am - 2:45pm

FOR A STRONGER HEALTHIER COMMUNITY

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YOUTH DEVELOPMENT | HEALTHY LIVING | SOCIAL RESPONSIBILITY

KANKAKEE AREA YMCA