the YMCA

KANKAKEE AREA YMCA

GYM SCHEDULE

OCTOBER 5TH - 11TH

MONDAY

- Open Gym 4:30am - 7:30am
- Pickleball 7:30am - 9:30am
- Open Basketball 9:30am - 10:30am
- Pickleball 10:30am - 1:30pm
- Open Gym 1:30pm - 8:45pm

TUESDAY

- Open Gym 4:30am - 7:30am
- Pickleball 7:30am - 9:30am
- Open Basketball 9:30am - 10:30am
- Pickleball 10:30am - 1:30pm
- Open Gym 1:30pm - 6:15pm
- Adult Volleyball 6:15pm - 9:00pm

WEDNESDAY

- Open Gym 4:30am - 7:30am
- Pickleball 7:30am - 9:30am
- Y Kids Gym Time 9:30am - 10:30am
- Pickleball 10:30am - 1:30pm
- Open Gym 1:30pm - 2:30pm
- Y Kids Gym Time 2:30pm - 4:00pm
- Youth Volleyball 4:00pm - 7:15pm
- Open Gym 7:15pm - 8:45pm

THURSDAY

- Open Gym 4:30am - 7:30am
- Pickleball 7:30am - 9:30am
- Y Kids Gym Time 9:30am - 10:30am
- Pickleball 10:30am - 1:30pm
- Open Gym 1:30pm - 4:30pm
- Y Kids Gym Time 4:30pm - 6:00pm
- Open Gym 6:00pm - 8:45pm

FRIDAY

- Open Gym 4:30am - 7:30am
- Pickleball 7:30am - 9:30am
- Y Kids Gym Time 9:30am - 10:30am
- Pickleball 10:30am - 1:30pm
- Open Gym 1:30pm - 3:30pm
- Y Kids Gym Time 3:30pm - 4:30pm
- Youth Volleyball 4:30pm - 7:45pm

SATURDAY

Open Gym
7:00am - 4:45pm

SUNDAY

- Pickleball 8:00am - 10:00am
- Open Gym 10:00am - 2:45pm

A HEALTHIER COMMUNITY BRIGHTER TOMORROWS

FOR A STRONGER HEALTHIER COMMUNITY

THIS SCHEDULE IS SUBJECT TO CHANGE

KANKAKEE AREA YMCA

YOUTH DEVELOPMENT | HEALTHY LIVING | SOCIAL RESPONSIBILITY

GYM SCHEDULE

OCTOBER 12TH - 18TH

MONDAY

- Open Gym 4:30am - 7:30am
- Y Kids Gym Time 9:30am - 10:30am
- Pickleball 10:30am - 1:30pm
- Open Gym 1:30pm - 3:30pm
- Y Kids Gym Time 3:30pm - 5:00pm
- Basketball Clinic 5:00pm - 7:45pm
- Open Gym 7:45pm - 8:45pm

TUESDAY

- Open Gym 4:30am - 7:30am
- Pickleball 7:30am - 9:30am
- Open Basketball 9:30am - 10:30am
- Pickleball 10:30am - 1:30pm
- Open Gym 1:30pm - 6:15pm
- Adult Volleyball 6:15pm - 9:00pm

WEDNESDAY

- Open Gym 4:30am - 7:30am
- Pickleball 7:30am - 9:30am
- Open Basketball 9:30am - 10:30am
- Pickleball 10:30am - 1:00pm
- Open Gym 1:00pm - 4:00pm
- Youth Volleyball 4:00pm - 7:15pm
- Open Gym 7:15pm - 8:45pm

THURSDAY

- Open Gym 4:30am - 7:30am
- Pickleball 7:30am - 9:30am
- Open Basketball 9:30am - 10:30am
- Pickleball 10:30am - 1:30pm
- Open Gym 1:30pm - 8:45pm

FRIDAY

- Open Gym 4:30am - 7:30am
- Pickleball 7:30am - 9:30am
- Y Kids Baske Time 9:30am - 10:30am
- Pickleball 10:30am - 1:30pm
- Open Gym 1:30pm - 4:30pm
- Youth Volleyball 4:30pm - 7:45pm

SATURDAY

Open Gym
7:00am - 4:45pm

SUNDAY

- Pickleball 8:00am - 10:00am
- Open Gym 10:00am - 2:45pm

A HEALTHIER COMMUNITY BRIGHTER TOMORROWS

FOR A STRONGER HEALTHIER COMMUNITY

THIS SCHEDULE IS SUBJECT TO CHANGE

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